Thus, the science covered by the concept of "Ki-Ketsu-Sui" is briefly explained as follows:

- (1) the science covered by the term "Ki (vital energy)" refers to those steadily operating all functions inherent in human bodies,
- (2) the science covered by the term "Ketsu (blood)" refers to those supplying a substance necessary for achieving such functions via blood vessels into the body, and
- (3) the science covered by the term "Sui (water)" refers those well supplying such a necessary substance carried via the blood vessels to a site where there is no blood vessel as well, provided that the route for the necessary substance at that time is a water flow formed from the inside to the outside of the body.

Page 5, lines 10-17:

The particularly preferable crude drugs include Ginseng (Panax Ginseng or Ginseng Radix), Codonopsitis Radix, Psuodostellariae Radix, American Ginseng, Astragali Radix, Atractylodis Rhizoma, Dioscoreae Rhizoma, Glycyrrhia (Glycyrrhizae Radix), Jujube Fruit (Zizyphi Fructus, Zizyphus vulgaris), Dulcium (malt sugar derived from Oryza seed), Polygonati Rhizoma, Codonopis lanccolata Benth et Hock fil.